

We take pride in your healthcare.

Included's LGBTQ+ offers a safe, inclusive space for you to find healthcare, community resources, and more.



If you identify as Bi+ (bisexual, pansexual, or otherwise), our queer- and trans-led care team wants to make sure you have access to stigma-free care for your physical, mental, and social health.

Get support from an affirming, culturally competent care team so you have what you need to thrive.

How we can help:

- O We find you Bi-friendly, genderaffirming mental and physical health doctors and therapists.
- O We offer advice and support on how to come out as Bi+ and learn about different Bi+ identities.
- O We connect you with a Bi+ and/or LGBTQ+ support group in your area to connect with members of the community.

What to ask your provider:

- O Are birth control and/or HIV prevention medications like PrEP right for me?
- O How can I get testing for STIs and share my results with my sexual partner(s)?
- O Do you have experience working with members of the Bi+ community?