

LGBTQ+ HEALTH

Judgment-free care that meets you where you are

Gay men face healthcare barriers — HIV stigma, judgment about sexual health, and providers who are uncomfortable discussing your actual health needs. Included Health connects you with affirming providers who can give you the care you need and an LGBTQ+ led Care Team who understands what you're going through.



How we can support your unique needs

- Find providers who have experience treating and caring for LGBTQ+ individuals
- Search for therapists who understand the challenges gay men face
- Provide education about comprehensive STI testing, cancer screenings, and more
- Connect you to support groups and community resources when you need them



What you can expect from respectful care

- Sexual health discussions that are open, detailed, and judgment-free
- Proactive PrEP access without assumptions about risks
- Mental health support for coming out, discrimination, and body image
- Substance use conversations without shame or judgment
- Access to vaccinations for HPV, hepatitis A/B, and meningitis
- Providers trained in gay-specific health risks and needs

Questions to ask your provider

- ✓ Do you offer PrEP, and how easy is it to access?
- ✓ What STI testing, vaccinations, and screenings would you recommend?
- ✓ How do you address mental health for LGBTQ+ patients?
- ✓ Do you screen for intimate partner violence in same-sex relationships?
- ✓ How do you approach substance use?

Get care

[includedhealth.com](https://www.includedhealth.com)

