

**LGBTQ+ HEALTH**

# Get culturally inclusive care without barriers or judgment

From providers who dismiss bisexuality to judgment about relationships, Bi+ individuals face unique healthcare barriers. Included Health connects you with affirming providers, Bi+-specific resources, and an LGBTQ+ led Care Team who understands what you're going through.



## How we can support your unique needs

- Connect you with Bi+-affirming doctors and therapists
- Find stigma-free support for your identity and health
- Search for local and online Bi+ support groups
- Provide education about STI prevention, PrEP, and more



## What you can expect from respectful care

- Providers who validate your identity
- No assumptions based on your current partner's gender
- Mental health support that addresses Bi+-specific challenges
- Sexual health care for all relationship types
- A safe space where you never have to defend who you are

## Questions to ask your provider

- ✓ Do you have experience working with Bi+ patients?
- ✓ Are birth control and/or PrEP right for my situation?
- ✓ How can I get STI testing that respects my relationship structure?
- ✓ What do you know about Bi+-specific health concerns?

**Get care**[includedhealth.com](https://includedhealth.com)