

Take pride in your family's healthcare.

We're here to connect parents and caregivers with the resources they need to support their LGBTQ+ children.



Get a dedicated partner to help with all your and your family's healthcare need. We pair you with care coordinator from a queer- and trans-led care to find LGBTQ+ affirming doctors, community resources, and more.

How our care team helps:

Recently, Denne, one of our care coordinators, helped a trans teen access a necessary gender-affirming procedure and found their dad the resources he needed to be a supportive ally:

“

I see Denne as my ally in trying to figure all of this out. It's so impersonal, so hard to ever get the same person on the phone, so it's really great to feel like I have a teammate in this.”

—Included Health member

Helpful resources for families and LGBTQ+ youth:

- **PFLAG** site, the first and largest organization for LGBTQ+ people, their parents and families, and allies.
- **Supporting And Caring for Transgender Children** from the American Academy of Pediatrics, American College of Osteopathic Pediatricians, Human Rights Campaign Foundation.
- **Resources for Families of Transgender and Gender Diverse Children** from the LGBTQ Movement Advancement Project.

Get care.

includedhealth.com/member